



Department of Mental Health and Addiction Services
Connecticut Mental Health Center
Recovery Support Specialist
Possible Underfill as a Recovery Support Specialist Trainee
CM #103620

PLEASE FOLLOW THE SPECIFIC APPLICATION FILING INSTRUCTIONS AT THE BOTTOM OF THIS PAGE!

Location: CT Mental Health Center - 34 Park Street, New Haven, CT 06519

Program/Unit: Wellness Center

Shift/Schedule/Hours: Monday through Friday 8:30am - 4:00pm.

Salary: Recovery Support Specialist- \$37,661.00 - \$51,059.00

Recovery Support Specialist Trainee- \$35,991.00 - \$48,892.00

Posting Date: Thursday September 18, 2014

Closing Date: Wednesday September 24, 2014

Duties may include but not limited to: Working as a member of a multidisciplinary medical team under the supervision of a licensed clinician, the Recovery Support Specialist (or Trainee) for the CMHC Wellness Center will mentor and provide recovery-based coaching to adults with severe mental illness, with or without co-occurring substance use disorders, to assist them in pursuing their health and wellness goals. The Recovery Support Specialist (or Trainee) will: Work closely with Wellness Center and clinical staff to engage clients in appropriate healthcare services and assist in coordination of care; Create and adapt wellness objectives to overcome barriers to good mental and physical health based on the needs of, and with input from clients; Teach clients about managing their mental and physical health, and support them in learning how to make good choices for themselves; Help clients secure information about resources relevant to their wellness/recovery plan; Introduce clients to wellness programs and groups at CMHC, in the local community, and throughout the state, and support their exploration and participation in wellness related activities; Lead or co-lead WRAP groups and other groups/classes to support improved health outcomes for clients, i.e., for exercise; smoking cessation, healthy eating, etc.; Attend Wellness Center team meetings as scheduled; Attend individual and group supervision with a licensed clinician as scheduled; Participate in programs of professional development and in-service education; Document interactions and services delivered by the RSS in the Wellness Center's client medical record; Consult with the Wellness Center staff and CMHC treatment teams concerning program development and the development of person-centered approaches to service delivery; Assist in the development of wellness-related promotional activities for the Wellness Center's Resource Center; Provide transportation as indicated, to promote access to medical services and resources; Provide education and support to family members as needed, with client permission; Perform other duties as assigned, related to the development and implementation of recovery-oriented wellness programs for individual clients or groups of clients; The successful candidate will have some experience volunteering or working with adults with behavioral health issues, and/or experience volunteering or working in a healthcare environment.

General Experience and Training: Completion of the Recovery Support Specialist Certification Program required.

****COPY OF REQUIRED RSS CERTIFICATION MUST BE FAXED OR MAILED IN WITH APPLICATION ****

Special Requirements: Incumbents in this class must possess and retain a current/valid Motor Vehicle Operator license. Incumbents in this class are required to travel.

* **Career Progression:** After completion of six (6) months of successful and satisfactory performance as a Recovery Support Specialist Trainee, an incumbent will be moved to the Recovery Support Specialist classification (on the first pay period following the completion of the six (6) month requirement).

Applicants will be selected in accordance with reemployment, SEBAC, transfer, promotion, collective bargaining unit contract language, merit employment lists and DMHAS affirmative action goals. Therefore, State employees will generally be considered before applicants from outside State service.

Application Instructions: Due to the large number of lateral transfer forms and applications received, it is extremely important to note the **Position Number (found on the posting)** on the DMHAS Lateral Transfer Request Form (**upper right-hand corner**) and at the bottom of Page One of the State of Connecticut Application for Examination or Employment (CT-HR-12)

To be considered for this position:

1. **DMHAS employees who are lateral transfer candidates** (example: CSW applying to a CSW posting) must submit a completed DMHAS Lateral Transfer Form. Lateral Transfer Request Forms received without a position number will not be processed
2. **DMHAS employees who are promotional/demotional candidates** must submit the State of Connecticut Application for Examination and Employment (CT-HR-12). The position number must be noted at the bottom of Page One of the State of Connecticut Application (CT-HR-12).
3. **All other applicants** must complete a State Employment Application for Examination and Employment (CT-HR-12). Resumes and Curriculum Vitae can be provided as supplemental information but will only be accepted if attached to a fully completed application.

PLEASE SEND APPLICATIONS TO:
DMHAS – Connecticut Mental Health Center
ATTN: Donna Zwilling, Human Resources Assistant
Fax: (203) 974-7637
34 Park Street, New Haven, CT 06519
Email : donna.zwilling@ct.gov

The DMHAS Lateral Transfer Request Form, State of Connecticut Application for Examination or Employment (CT-HR-12) and postings can be found on the DAS website at <http://www.ct.gov/dmhas/cwp/view.asp?a=2904&q=420408>

AN AFFIRMATIVE ACTION/EQUAL OPPORTUNITY EMPLOYER

The State of Connecticut and the Department of Mental Health and Addiction Services are equal opportunity/affirmative action employers. Women, minorities' persons with disabilities and in recovery are encouraged to apply. (NP-6)