

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
JOB OPPORTUNITY

RECOVERY SUPPORT SPECIALIST TRAINEE*

WELLNESS CENTER – **CM 103622 – BI-LINGUAL & BI-CULTURAL - SPANISH**

PLEASE FOLLOW THE SPECIFIC APPLICATION FILING INSTRUCTIONS AT THE BOTTOM OF THIS PAGE!

Location: CT Mental Health Center - 34 Park Street, New Haven, CT 06519

Program/Unit: Ambulatory Services - Wellness Center

Shift/Schedule/Hours: 1st Shift / Monday, Tuesday, Wednesday, & Friday- 9:00 AM to 4:30 P; Thursdays – 11:30 AM – 7:00 PM

Salary: \$33,924 .00-46,084.00

Posting Date: October 29, 2013

Closing Date: November 4, 2013

Duties may include but not limited to: Working as a member of a multidisciplinary medical team under the supervision of a licensed clinician, the Recovery Support Specialist Trainees for the CMHC Wellness Center will mentor and provide recovery-based coaching to individuals with severe mental illness, with or without co-occurring substance use disorders, to assist them in pursuing their health and wellness goals. The Recovery Support Specialist Trainees will: Work closely with Wellness Center and clinical staff to assist clients in appropriate healthcare services and assist in coordination of care; assist with objectives to overcome barriers to good mental and physical health based on the needs of, and with input from, clients; assist clients about managing their mental and physical health, and support them in learning how to make good choices for themselves; assist clients secure information about resources relevant to their wellness/recovery plan; Introduce clients to wellness programs and groups at CMHC, in the local community, and throughout the state, and support their exploration and participation in wellness related activities; observe WRAP groups and other groups/classes to support improved health outcomes for clients, i.e., for exercise; smoking cessation, healthy eating, etc.; Attend Wellness Center team meetings once weekly; Attend individual and group supervision with a licensed clinician weekly; Participate in programs of professional development and in-service education; Document interactions and services delivered by the RSS in the Wellness Center's client medical record; interact with the Wellness Center staff and CMHC treatment teams concerning program development and the development of person-centered approaches to service delivery; Assist in the development of wellness-related promotional activities for the Wellness Center's Resource Center; Provide transportation as indicated, to promote access to medical services and resources; Provide education and support to family members as needed, with client permission; Perform other duties as assigned, related to the development and implementation of recovery-oriented wellness programs for individual clients or groups of clients.

General Experience and Training: Completion of the Recovery Support Specialist Certification Program required.

****COPY OF REQUIRED RSS CERTIFICATION MUST BE FAXED OR MAILED IN WITH APPLICATION ****

Special Requirements: Incumbents in this class must possess and retain a current/valid Motor Vehicle Operator license. Incumbents in this class are required to travel. **Incumbents are required to be BI-LINGUAL & BI-CULTURAL (SPANISH) oral and written communication.**

* **Career Progression:** After completion of six (6) months of successful and satisfactory performance as a Recovery Support Specialist Trainee, an incumbent will be moved to the Recovery Support Specialist classification (on the first pay period following the completion of the six (6) month requirement).

Note: The filling of this position will be in accordance with reemployment, SEBAC, transfer, promotion and merit employment rules.

Application Instructions: Due to the large number of lateral transfer forms and applications received, it is extremely important to note the **Position Number (found on the posting)** on the DMHAS Lateral Transfer Request Form (**upper right-hand corner**) and at the bottom of Page One of the State of Connecticut Application for Examination or Employment (CT-HR-12). **To be considered for this position:** Individuals must complete a State Employment Application for Examination and Employment (CT-HR-12). Resumes and Curriculum Vitae can be provided as supplemental information but will only be accepted if attached to a fully completed application.

PLEASE SEND APPLICATIONS TO:

Ryan J. Howe, Human Resources Assistant; 34 Park Street, New Haven, CT 06519

Fax : (203) 974-7637; Email : Ryan.Howe@ct.gov

The DMHAS Lateral Transfer Request Form, State of Connecticut Application for Examination or Employment (CT-HR-12) and postings can be found on the DMHAS website at www.ct.gov/dmhas/employmentopportunities.

The STATE OF CONNECTICUT is an Affirmative Action/Equal Opportunity Employer. Members of protected classes and/or individuals in recovery are encouraged to apply. NP-6