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**Newsletters and Brochures**





## Seventh Annual State Nurse of the Year Award

Have you met or been cared for by a state nurse\* that went above and beyond the call of duty? Do you know a nurse coworker who is a shining example of what it means to be a nurse? The seventh annual State Nurse of the Year award is the place to give nurses the recognition they deserve. Make them feel like one in a million and nominate them for this prestigious award.

**Award ceremony will be held in May 2008.**

Nomination forms and more information can be found by visiting [www.das.state.ct.us](http://www.das.state.ct.us)

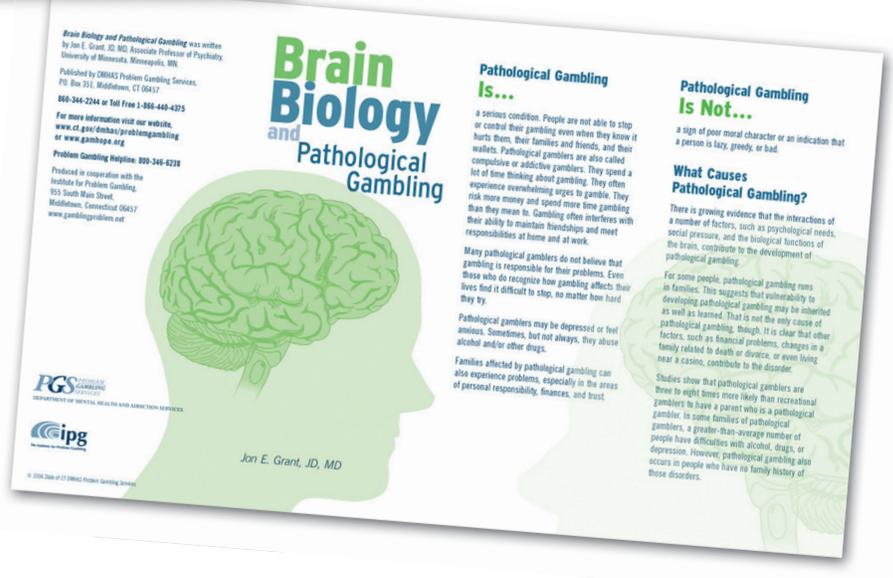
**Nominations are Due April 7, 2008**

For More Information, Contact Your Agency Representative:

\*To be eligible, you must be employed by the State of Connecticut as a LPN, RN, or APRN. Sponsored by the State of Connecticut Department of Administrative Services.

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**Brain Biology and Pathological Gambling**

By Jon E. Grant, JD, Associate Professor of Psychiatry, University of Minnesota, Minneapolis, MN.

Published by CDMAS Problem Gambling Services, P.O. Box 351, Middletown, CT 06457

800-346-2244 or Toll Free 1-866-448-4375

For more information visit our website, [www.ct.gov/cdmas/problemgambling](http://www.ct.gov/cdmas/problemgambling) or [www.gamhelp.org](http://www.gamhelp.org)

Problem Gambling Helpline: 800-346-6226

Produced in cooperation with the Institute for Problem Gambling, 355 South Main Street, Middletown, Connecticut 06457, [www.gamblingproblems.net](http://www.gamblingproblems.net)

**Pathological Gambling Is...**

a serious condition. People are not able to stop or control their gambling even when they know it hurts them, their families and friends, and their compulsive or addictive gamblers. They spend a lot of time thinking about gambling. They often experience overwhelming urges to gamble. They risk more money and spend more time gambling than they mean to. Gambling often interferes with their ability to maintain friendships and meet responsibilities at home and at work.

Many pathological gamblers do not believe that gambling is responsible for their problems. Even those who do recognize how gambling affects their lives find it difficult to stop, no matter how hard they try.

Pathological gamblers may be depressed or feel anxious. Sometimes, but not always, they abuse alcohol and/or other drugs.

Families affected by pathological gambling can also experience problems, especially in the areas of personal responsibility, finances, and trust.

**Pathological Gambling Is Not...**

a sign of poor moral character or an indication that a person is lazy, greedy, or bad.

**What Causes Pathological Gambling?**

There is growing evidence that the interactions of a number of factors, such as psychological needs, social pressure, and the biological functions of the brain, contribute to the development of pathological gambling.

For some people, pathological gambling runs in families. This suggests that vulnerability to developing pathological gambling may be inherited as well as learned. That is not the only cause of pathological gambling, though. It is clear that other factors, such as financial problems, changes in a family related to death or divorce, or even living near a casino, contribute to the disorder.

Studies show that pathological gamblers are three to eight times more likely than recreational gamblers to have a parent who is a pathological gambler. In some families of pathological gamblers, a greater than average number of people have difficulties with alcohol, drugs, or depression. However, pathological gambling also occurs in people who have no family history of those disorders.

Jon E. Grant, JD, MD

FGS  
CONNECTICUT GAMBLING SERVICES  
DEPARTMENT OF HEALTH AND ADMINISTRATION SERVICES

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# No Child Left Inside

Return of  
**The Great Park Pursuit  
and The Next Great  
Adventures in State Parks**



Wednesday, March 26, 2008  
11:00 a.m.  
Bushnell Park  
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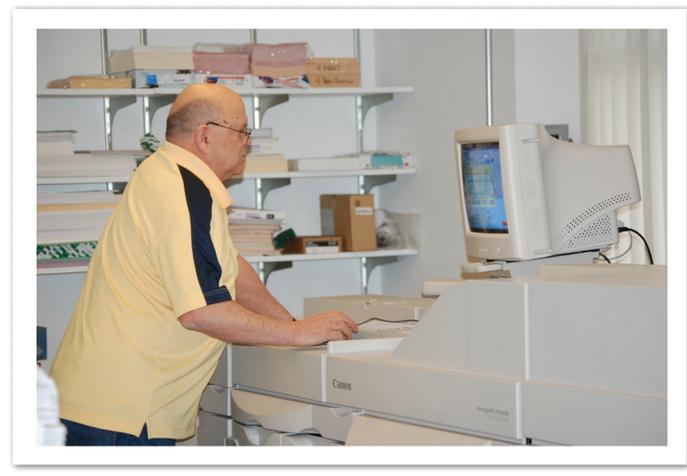
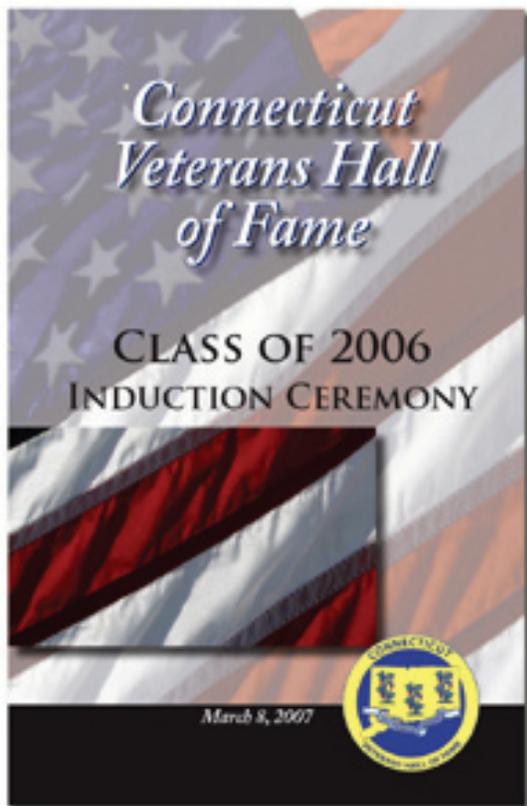
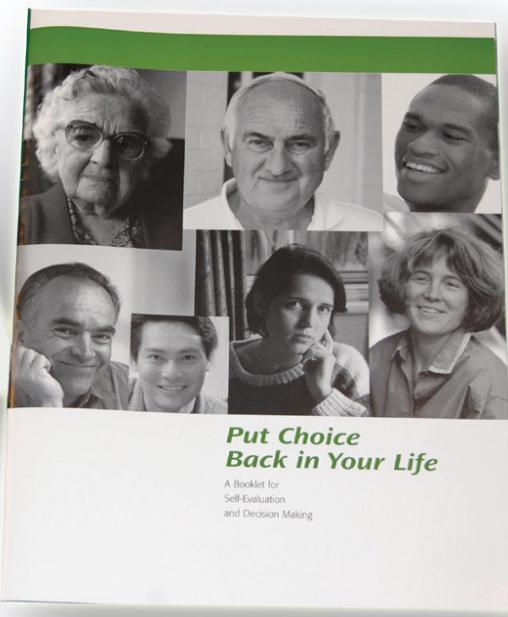
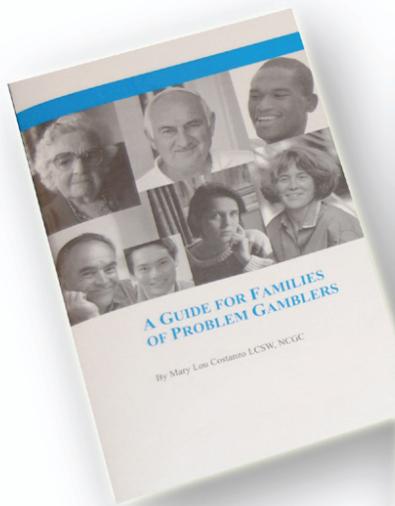
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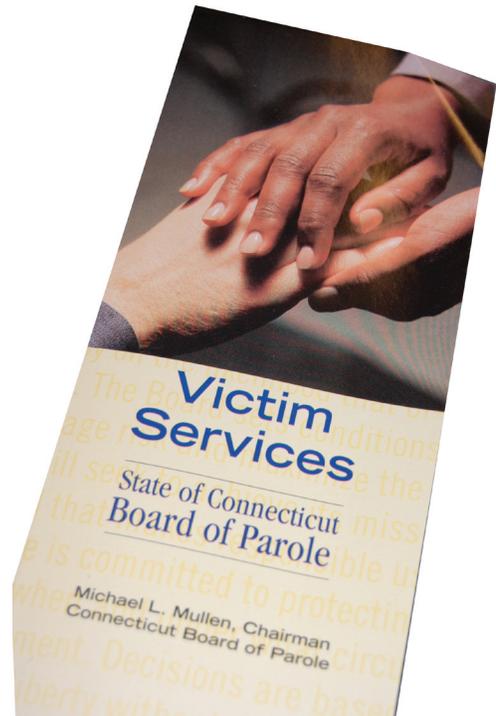
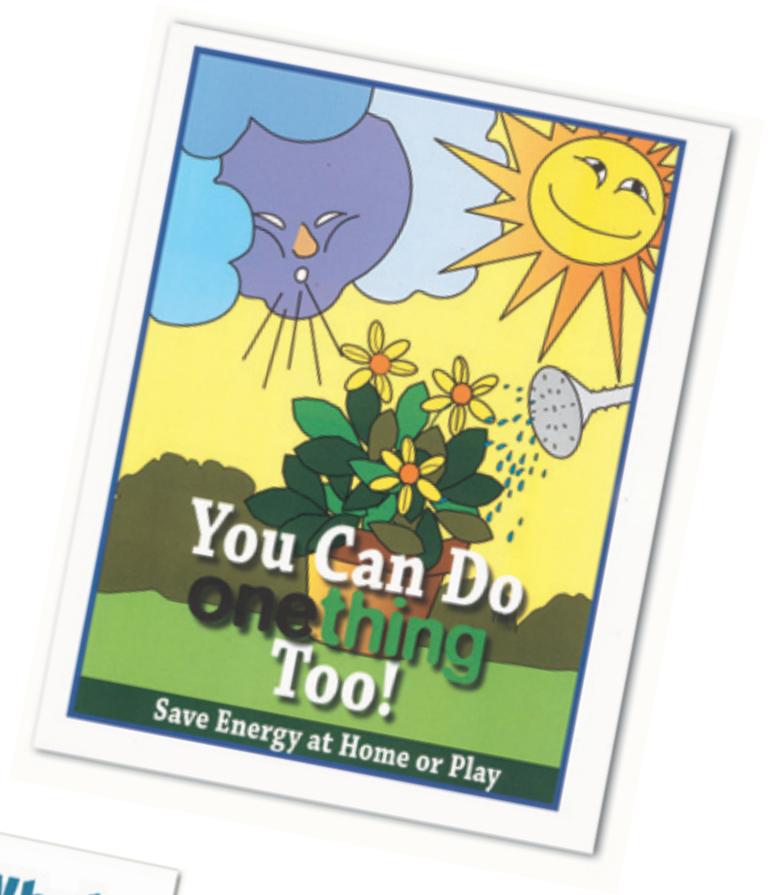
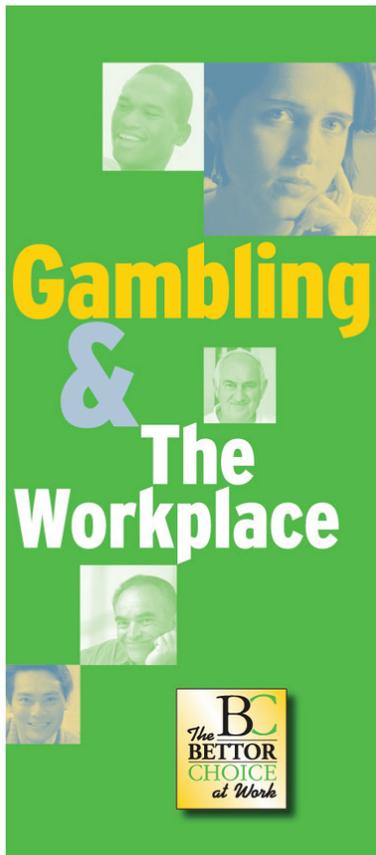




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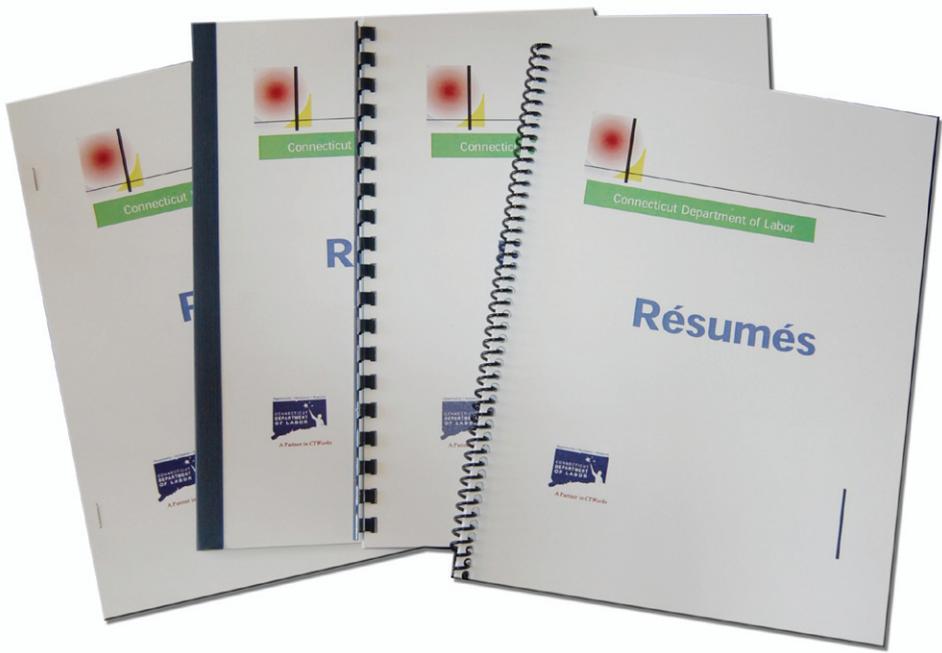
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